What's happening

November/December 1988
A bimonthly calendar of public events at UC-San Francisco. Please come and enjoy.

UCSF-Laurel Heights Events

All events held at 3333 California St. Auditorium. Free parking available.

Thurs., Nov. 3: **Men's Health Issues: What's New in Diagnosis & Treatment of Male Infertility.** Community Health Talk by Robert D. McClure, director, UCSF Male Reproductive Laboratory. 6-7:30 p.m.

Fri., Nov. 4: **Musical Panoramas: Just About All Jazz.** Jazz singer Weslia Whitfield, accompanied by pianist Michael Greensill. First in a series of six concerts. $7 students & seniors, $10 general, $48 series. Call 476-2542 for program information, 476-2035 for ticket information.

Thurs., Dec. 2: **Men's Health Issues: Risks, Diagnosis & Treatment of Prostate Cancer.** Community Health Talk by UCSF urologist George R. Fournier, Jr. 6-7:30 p.m.

Community Health Talks

A series of free lecture/discussions held on Thursdays, 6-7:30 p.m. in Rm. 300 Health Sciences West, enter through 513 Parnassus. Sponsored by the UCSF Office of Public Service Programs. Free parking available. Call 476-3206 for further information. Also see UCSF-Laurel Heights Events for the Men's Health Issues Series.

Nov. 17: **Learning-Disabled Children: Recognition & Options.** Lane Tanner, UCSF Child Study Unit.

Dec. 15: **The Chemical Environment & the Skin.** UCSF dermatologist Howard Maibach.

Brown Bag Tours/Lectures

All lectures are free and held on Wednesdays at noon in Rm. 300 Health Sciences West, enter through 513 Parnassus. For further information call 476-4394.

Nov. 2: **What's a Scientist Got To Do With an Artists Colony?**

Nov. 9: **Gifted Children: How to Help Them Become Gifted Adults.**

Nov. 16: **Food Poisoning: What You Should Know.**

Nov. 23: **The Healthy Holiday Gourmet.**

Nov. 30: **The 'Now' Habit: Overcoming Procrastination Through Play.**

Dec. 7: **Sleep Disorders & Snoring.**

Dec. 14: **Working & Living With Difficult People.**

Senior Health Education

Sponsored by UCSF Office of Public Service Programs, these free lectures by UCSF staff are geared to senior citizens. For further information call 476-3206.

Wed., Nov. 16: **Heart Disease.** Menorah Park Senior Center, 3365 Sacramento St.

Thurs., Nov. 17: **Biotechnology & Its Promise for Health.** Seventh Avenue Presbyterian Church Senior Center, 1329-7th Ave.

Campus Tours

All tours are free and take place at 1 p.m. on Tuesdays, Nov. 1, 8, 15, 22 & 29 and Dec. 6, 13, 20 & 27. Meet in the lobby of Medical Sciences building, 513 Parnassus. For further information call 476-4394.

New Volunteer Orientation

To acquaint new & prospective volunteers with opportunities available in the Medical Center at UCSF. Call 476-1196.

Tues., Nov. 8: Rm. 336, Health Sciences East, enter through 513 Parnassus. 1-3 p.m.

Tues., Nov. 22: Rm. 169, Moffitt Hospital, 505 Parnassus. 6-8 p.m.

Special Events

Tues., Nov. 1: **Francis A. Sooy Memorial Lecture: Challenges of Academic Medicine in the US.** Bobby R. Alford, dean, Baylor College of Medicine. In memory of the late UCSF Chancellor Sooy. Toland Hall, 533 Parnassus. 4 p.m. Call 476-1993.

Wed., Nov. 2: **Regents' Lecture: Risk Communication.** *Washington Post* science writer Cristine Russell, Alicia Patterson Fellow. Cole Hall, 513 Parnassus. 3 p.m. Call 476-2557.

Thurs., Nov. 3: **Witches, Dykes, Faggots & Poofters.** Digby Duncan & the One in Seven Collective's film about the oppression of lesbians & gay men throughout history. Toland Hall, 533 Parnassus. Noon-1 p.m.

Tues., Nov. 15: **Bacchanalian Bash.** Wine tasting with Ashbury Market's Wilfred Wong. Music by SF Opera Orchestra cellist Emil Miland & UCSF's student choir, the Vocal Chords. Pre-holiday benefit for the choir & UCSF Arts & Lectures. $10. UCSF Faculty-Alumni House, 745 Parnassus. 5:30 p.m.

Wed., Nov. 30: **Annual Herbert McLean Evans Memorial Lecture: Expanding the Coding Region of a Gene: The Evolution of Involucrin in the Primates.** Harvard physiologist Howard Green. Cole Hall, 513 Parnassus. 2-4 p.m. For more information call Ian Monie, 476-9423 or 476-1861.

Mon., Dec. 5: **Sister, Can I Speak for You.** Dianne Oyama Dixon in the African American Drama Company's one-woman show about the lives of important black women in American history. Toland Hall, 533 Parnassus. Noon.

Children & Family Health Fair

Sat., Nov. 5: **Fourth Annual Children & Family Health Fair in conjunction with the 75th Anniversary of the UCSF Department of Pediatrics.** To focus on health education, disease prevention & safety for adults & children. Also includes entertainment by the Walden Marionettes & the Devil's Slide Concert Band. Medical Sciences Bldg. & Saunders Court, 513 Parnassus. 10 a.m.-4 p.m. For more information call 476-5377. (See story for details.)

Art Exhibits

Hospitals Auxiliary Exhibit: On display for the month of November in the lobby of Moffitt/Long Hospitals, 505 Parnassus, will be etchings, mini-etchings, acrylic on silk paintings & color photography. On display during December will be watercolors, mixed media, oils, color photography & cast paper wall hangings. A portion of all proceeds benefits patients at the Medical Center at UCSF. To purchase or reserve work, visit the Auxiliary Office, Rm. 182, Moffitt Hospital, 505 Parnassus, 9 a.m.-4 p.m., or call 476-4906.

Faculty/Alumni House Exhibit: "Architectural Allusions," the color photography of Jane Lidz, on display through Nov. 30. "Earth Light" pastels by Elizabeth Jeorge. Dec. 5-Feb. 28. Reception for the artist Tues., Dec. 6. 4:30-7 p.m. Faculty/Alumni House, 745 Parnassus. 9 a.m.-5 p.m. Call 476-4723.

Mobile Mammography Screening Program

Women can have low-cost mammograms—x-rays to screen for breast cancer—from a mobile van that travels to convenient shopping or downtown locations in San Francisco and remains for a week at a time. Women need the approval of their physicians to have the mammogram. The procedure takes approximately 20 minutes and costs $40 ($50 beginning Nov. 28). To make an appointment call 990-0459 or 476-2193 between 9 a.m. and 3:30 p.m. The van will be at the following locations during November and December:

- Nov. 7-8: SF Federal Bldg., Polk St. & Golden Gate Ave.
- Nov. 9: VAMC-Palo Alto, employees & patients only.
- Nov. 10-11: Diamond Heights Blvd. near the Safeway store.
- Nov. 14-15: UCSF-Center for Educational Development, in the parking lot, 15th St. between Folsom & Harrrison.
- Nov. 16-18: Palo Alto Jewish Community Center, 655 Atascadero Rd. For appointments call 493-9400.
- Nov. 21-23: Civic Center, on McAllister St. between Larkin & Polk.
- Nov. 28-Dec. 2: UCSF-Laurel Heights, 3333 California St. in the parking lot.
- Dec. 5-9: Embarcadero, on Drumm St. between Sacramento & Clay.
- Dec. 12-16: Taraval St. between 17th & 18th Aves.
- Dec. 19-22: Sunset district, on Irving St. between 25th & 26th Aves.
- Dec. 27-29: Diamond Heights Blvd. near the Safeway store.

Careers in Health Care

Wed., Nov. 16: High school students invited to visit UCSF to explore career opportunities in health care. Tours, refreshments, raffle. Cole Hall, 513 parnassus. 4-7 p.m. Free parking in Millberry Union garage. For reservations call 476-1848.

Cole Hall Cinema

All films are shown on Thursdays & Fridays in Cole Hall, 513 Parnassus. Children under 14 $2; UCSF students, seniors, & Millberry Union members $2.50; general $3. Call 476-2571.

Big. Thurs., Nov. 3 at 5:45 & 8 p.m.; Fri., Nov. 4 at 6:30 & 8:45 p.m.

A Fish Called Wanda. Thurs., Nov. 10 at 5:45 & 8 p.m.; Fri., Nov. 11 at 6:30 & 8:45 p.m.

Bull Durham. Thurs., Nov. 17 at 5:45 & 8 p.m.; Fri., Nov. 18 at 6:30 & 8:45 p.m.

Big Business. Thurs., Dec. 1 at 5:45 & 8:15 p.m.; Fri., Dec. 2 at 6:30 & 9 p.m.

Coming to America. Thurs., Dec. 8 at 5:45 & 8:15 p.m.; Fri., Dec. 9 at 6:30 & 9 p.m.

"Finding Zest in Midlife"

A new ongoing seminar series to give the latest information to women on midlife health, including views on hormone use and if calcium and exercise can prevent osteoporosis. Held on Thursdays, 5:30-7:30 p.m. To reserve space call 759-5245.

SF History Class

The History of San Francisco. Historian Charles A. Fracchia. Toland Hall, 533 Parnassus. Wednesdays through Dec. 14. 7:30-9:30 p.m. Free. Call 567-2725.

Nursing Courses

Full-day courses sponsored by the Medical Center at UCSF, Department of Nursing. For times & locations call 476-2993.

Wed., Nov. 9: **Substance Abuse in Pregnancy.**

Wed., Nov. 9: **Back Care.**

Fri., Nov. 18: **Care of the Depressed & Suicidal Patient.**

Outdoors Unlimited

Located on Parnassus Ave., street level in the University Hospital Bldg. between 3rd and 4th Ave., Outdoors Unlimited offers outdoor adventures for the neighborhood and campus community. Sign up for activities from 11:30 a.m. to 1:30 p.m. or 5 to 7 p.m., Monday & Friday; 11:30 a.m. to 1:30 p.m. or 4 to 6 p.m. Tuesday to Thursday. Two-week advance registration and attendance at a pre-trip meeting is required for most events. Most pre-trip meetings and classes take place in Millberry Union, 500 Parnassus. For further information and a free brochure listing all events call 476-2078.

Sat.-Sun., Nov. 5-6: **Mendocino Apple Harvest Trip.**

Sun., Nov. 6: **Bicycling: Brunch Ride.**

Sun., Nov 13: **Bicycling: East Bay Valleys.**

Wed., Nov. 16: **Cross-Country Skiers Warm-Up Party.** OU Center. 7 p.m.

Thurs., Nov. 17: **Gates of the Arctic Slide Show.** Rm. 300 Health Sciences West, 513 Parnassus. 7:30 p.m.

Sat.-Sun., Dec. 3-4: **Introduction to Cross-Country Skiing at Tahoe.** Classes Tues., Nov. 22 & 29.

Sat.-Sun., Nov. 26-27: **Cross-Country Ski Instructor/Leader Training at Tahoe.**

Sat., Dec. 3: **City Walk: Haight Ashbury & Parnassus Heights.** Explore history & architecture with SF historian Charles Fraccia. 10 a.m.-noon.

Thurs.-Tues., Dec. 23-27: **Christmas Ski Holiday at Lake Tahoe.**

Thurs.-Mon., Dec. 29-Jan. 2: **New Year's Ski Tour at Lassen.**

Recreation & Fitness

Over 100 classes for the active and the inactive person. Classes include aerobics, weight management, healthy neck and back care, yoga, golf, tennis, tai chi, swimming for adults & children, bargain shopping tour and much more! Some fall quarter programs still have openings at ½ price after Nov. 1. Winter quarter registration begins Mon., Jan. 9, for Millberry Union members, Jan. 10 for the public, at Millberry Union central desk, 500 Parnassus. For further information and a free brochure listing all classes call 476-1800.

Massage Service

Experience the healthful benefits of a professional massage at the Millberry Union Athletic Facility, 500 Parnassus. Open seven days a week, Mon.-Fri. 8 a.m-8:30 p.m., Sat. 9 a.m.-7:30 p.m. & Sun. 1:30-6:30 p.m. UCSF students, Millberry Union members & seniors $15 half hour, $21 hour; general $18 half hour, $24 hour. Gift certificates available. Call 476-1115 or visit the Millberry Union Swimming Pool Desk.

Rape Prevention Education

Workshops sponsored by UCSF Rape Prevention Education Program are held in Rm. 130, Clinical Sciences Bldg., 521 Parnassus. $10-$20 sliding scale, but no one will be turned away for lack of funds. Call 476-5836 for further information & registration.

Sat., Nov. 5: **Clean Out Your Closets: Unlearning Homophobia.** 11 a.m.-2 p.m.

Thurs., Nov. 17: **Celebrating Diversity, Overcoming Divisions: An Unlearning Racism Workshop.** 5-8 p.m.

To Our Neighbors is produced by the UCSF News and Public Information Services Department. For further information call 476-1541.

UCSF
University of California, San Francisco
...A Health Sciences Campus

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A summary of recent news stories from the University of California, San Francisco . . . A Health Sciences Campus.
Volume 13, Number 6

To our neighbors

Get Ready for the Children, Family Health Fair Nov. 5

The fourth annual UCSF Children and Family Health Fair on Saturday, November 5, promises something for everyone.

Clowns, costumed characters and free T-shirts will be part of the fun as fair activities focus on good health, stress reduction and disease prevention. More than 60 informational booths will be featured with hand-out materials and activities designed to help fair-goers learn through "hands-on" experience.

Celebrating the 75th anniversary of the Department of Pediatrics' care of children and youth, this year's health fair will take place in UCSF's Medical Sciences lobby, 513 Parnassus, and the adjacent Saunders Courtyard where there will be a giant tent. The event is free and will be held from 10 a.m. to 4 p.m. Free parking will be available in the Millberry Union garage.

A proclamation from Mayor Art Agnos designating the day as "UCSF Children and Family Health Fair Day" will be presented in a special ceremony during the fair. The Walden Marionettes and the Devil's Slide Concert Band will perform at various times throughout the day.

For further information call 476-5377.

$2 Million for Diabetes Research Project

Researchers at Mount Zion, UCSF and Stanford are combining efforts to study diabetes thanks to a $2 million grant from The National Institutes of Health.

This unusual project, to be headquartered at Mount Zion under principal investigator Ira Goldine, MD, will study insulin action and secretion in individuals with adult onset diabetes (non-insulin dependent diabetes mellitus), their families and non-diabetic individuals.

UCSF's Gerold Grodsky, PhD, and John Karam, MD, are among the five investigators at the three institutions who have been studying separate aspects of either insulin action or secretion in adult onset diabetes.

Individuals with adult onset diabetes and their families living in the Bay Area are being sought for the NIH study. For further information call 885-7760.

Maybe You Can Help the Homeless?

UCSF faculty, students and staff are taking part in a new volunteer program called "Help the Homeless," a combined effort of the SF Department of Health, SF Medical Society and West Bay Hospital Conference, to expand health care services for the homeless in San Francisco. Doctors, nurses, social workers, laboratory personnel and all varieties of support staff are needed. For further information call Leona Hansen-Nealy, UCSF Volunteer Services director, at 476-3085.

Several UCSF employees also got together the weekend of September 24 to help the residents of the Western Addition convert an office building to a child care center. Representatives from the Navy, the Conservation Corps and the SF Children's Council also were there helping out.

Dawn Finch

Ted Phillips (center) and technologist Stuart Suen (right), explain the heat applicator to a visitor during the new Hyperthermia Unit's open house.

New Hyperthermia Unit Uses Heat to Fight Cancer

Using heat is the newest approach in fighting cancer cells at UCSF's Radiation Oncology Department. Called "hyperthermia" which means "elevated heat," the treatment is given in the new UCSF Hyperthermia Unit, which just opened in Long Hospital.

The heat treatment is a fourth method of managing cancer, complementing the established methods of surgery, radiation and chemotherapy.

"Heat and radiation, or sometimes chemotherapy work together to fight cancer cells. Heat makes the cells more sensitive to radiation and chemotherapy, thereby making these treatments more effective than if used alone," explains Ted Phillips, MD, chairman of the department.

Hyperthermia is especially suitable for patients whose tumors recur following prior radiation, since the heat treatment boosts the effect of lower dose re-irradiation. In situations where there is little chance of controlling advanced tumors with radiation alone, a combination of radiation, chemotherapy and hyperthermia might be used. Or, if radiation cannot be used, hyperthermia can be combined with chemotherapy.

For tumors in or near the skin, the hyperthermia treatment is given externally by way of a box-like applicator, which uses microwave energy or ultrasound waves to heat the tumor. The treatment appears to work best when given only once or twice a week immediately following radiation treatment.

For further information call UCSF's new Hyperthermia Unit at 476-5896.

Lowell High Students Complete Summer Science Program

Lowell High School students Carl Lee Kin, who will be a senior this year, and Moses Kim, a junior, have just completed 10 weeks of intensive research in the UCSF laboratory of biochemist Bruce Alberts, where they were part of ongoing experiments involving the fruit fly *Drosophila*.

The two were the first student interns in UCSF's Science Education Partnership program (SEP). They were assigned in July to UCSF visiting postdoctoral fellows Bill Sullivan and Kathy Miller. Working with Bill, Moses' task was to help isolate filamentous protein from a *Drosophila* embryo to determine its function. Carl, working with Kathy, was involved in isolating another filamentous protein called actin.

"This is different from learning out of a textbook," explains Bill. "By being in the lab itself these students learned many of the latest biochemical approaches."

SEP was launched earlier this year by UCSF scientists, headed by Alberts, and San Francisco science teachers to help maintain quality science education. The student internship component of the program was funded by the American Chemical Society's Project SEED.

New Mental Health Clinic for Women Veterans

UCSF has started one of the nation's first mental health clinics at the VA Medical Center aimed at women veterans. Initially the clinic will offer short-term individual psychotherapy and group sessions on coping with depression and weight control, but evaluation will be available for any mental health concerns.

"Almost nothing is known about mental health needs of women veterans," says clinic director Gloria Svare, LCSW. "We hope to determine those needs and tailor our offerings to meet them."

Svare says the new service was established in response to the growing number of female vets in Northern California, where some 64,000 now reside. About four percent of all veterans and more than 10 percent of armed forces on active duty are women.

The new clinic is part of the VAMC Psychiatry Outpatient Services, directed by UCSF psychiatrist Geoffrey Booth, MD. For further information call 750-2073.

UCSF Pours for Seniors

Allen J. Balderson

More than 2,000 Bay Area seniors strapped on their walking shoes to attend the fourth annual Bay to Breakfast Walk on September 15. Here we see one thirsty amber grabbing some water from an aid station staffed by UCSF employees.

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Rush—Time Dated
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